

No Preservatives  
No Wheat, No Dairy,  
Yeast Free  
Store in a cool, dry place.

**KEEP OUT OF THE  
REACH OF CHILDREN.**

For more information:  
1.859.422.7048  
www.trueessentials.net  
Distributed by:  
True Essentials, Inc.  
Lexington, Kentucky 40503

**Made in the USA**

30-day guarantee

**100% Satisfaction Guaranteed**



# Hoodia

## Appetite Control Chewable

**Dietary Supplement**

Lifestyle  
*essentials*

**60 chewable tablets**

**Directions:** Slowly chew one tablet 45 minutes before eating breakfast and dinner. May be used with other Lifestyle Essentials appetite control products.

### Supplement Facts

#### Hoodia

Serving Size 1 chewable tablet  
Servings per container 60

Amount Per Serving	% DV
Gymnema (leaf) 100mg	**
Hoodia (Hoodia Gordonii) 200mg	**

**\*\*Daily Value not established**

**Other Ingredients:** Xylitol, Natural and Artificial Strawberry Flavor, Glycine, Beet (root), Vegetable Stearic Acid, Citric Acid, Silicon Dioxide, FD&C Red #40, Vegetable Magnesium Stearate, and Splenda®.