

TRUE ESSENTIALS NUTRITIONAL SUPPLEMENTS

GENERAL GUIDELINES FOR NUTRITIONAL SUPPORT AND POSSIBLE BENEFITS

True Essentials Supplement	Antioxidant/Cellular Health	Athletes	Bone Health	Brain/Neuro Health	Blood Sugar/Diabetes	Blood Pressure	Detoxification	Digestive Health	Eye Health & Vision	Energy	Foundational Health	Gum Health/Periodontal	Healthy Aging	Heart Health & Cholesterol	Immunity	Joint Health & Arthritis	Senior Health	Skin/Hair/Nails -Appearance	Smokers - Lung Health	Stress Management	Virility or Prostate Health	Weight Management
Appetite Control																						
CoQ10																						
Energizer Tea																						
Essentials for Kids MultiVitamin																						
Fat and Carb Control																						
Fiber Powder																						
Fruit & Vegetable Essentials																						
Hair, Skin & Nails																						
Hoodia																						
Joint Solutions with HA																						
Life Cycle for Women																						
Men's Essential Pack																						
Men's Pro-Care																						
Mineral pH																						
pH Strips																						
Multi-Vitamin Essentials																						
Power Antiox																						
Protein Shake (3 flavors)																						
Women's Essential Pack																						

These products are not intended to diagnose, treat, cure or prevent any disease. Anyone diagnosed with a medical condition should consult their doctor before taking any of these products.